



INCLUSION IN CYBERSECURITY CANADA

cybertogether.ca

A community focused on diversifying the cybersecurity landscape in Canada through promoting mentorship and offering workshops to showcase lived experience.

SPEED MENTORSHIP SESSION

A Pathway to Connection & Growth

About the Session

This speed-dating style event connects professionals for short, impactful conversations to foster mentorship relationships. The format includes:

- 1) Quick introductions**
- 2) Timed speed rounds**
- 3) Final wrap-up & networking**



1) Introduce Yourself

Career Summary:

In one or two sentences, describe your career path.

What I'm Looking for in a Mentor:

What qualities or support are you seeking?

Personal & Professional Passions:

What excites you in and outside of work?

Keys to My Success:

What characteristics have helped you succeed?

2) Go a Little Deeper

What Matters Most in a Mentor:

Think values, experience, communication style.

Challenges to Explore Together:

What obstacles or goals would you like support with?

Desired Outcomes:

What would make this mentorship valuable to you?

3) Looking Ahead

Career Goals:

Where do you want to go next in your career?

Support from a Mentor:

What kind of help would get you there?

Past Mentorship Experience:

Share what's worked or not worked in the past.

